



Syetsm tl'a Sxexelhnát

News of the Week

May 27, 2024

Submissions: northvannewsletter@squamish.net

Deadline: Thursday (Noon) for Following Week

Ta na wa Cheńtm – Chair & Council Office

Nexwsxwníw ntm ta Úxwumixw – Council 3-5

Chief Administrative Office

Strategic Operations 7

Xetxítayus Ch'áwch'aw – Corporate Services

Chéńchenstway – Human Resources..... 7-8

K'iyáxan Ch'áwch'aw – Community Services

T'at'arńátsut – Community Lands.....9-10

Nexwsp'áyaķen ta Úxwumixw – Community Operations..... 11

Nexwnínlhewá7nem Ch'áwch'aw – People Services

Ta7lnewás – Education, Employment, & Training 12-20

 Wach'átm – Income Assistance 12-14

 Stitsma Employment Centre..... 15

 Eslha7áń Learning Centre 16-20

 Yúustway – Health & Wellness..... 21-26

 Chief Joe Mathias Centre – Recreation..... 21-25

Nexwniw'mamin Ch'áwch'aw – Territory & Culture

Ta na wa Ns7éyx nitm ta Snew'íyelh – Language & Cultural Affairs 27-29

Chit-Chat30-35

REMINDER!

Your vote is important.
Your voice should be heard.
We invite you to join the conversation!

SQUAMISH NATION PEOPLE'S ASSEMBLY

—  — **JUNE 2, 2024**

We look forward to seeing you at the upcoming People's Assembly on June 2, 2024. Arrive before 10:45 AM to be counted towards quorum (Quorum = 160 eligible voters attending).

Purpose:

At this Assembly, we will gather as a community to share a table, receive important updates, and discuss our hopes for a brighter future. A number of resolutions have been proposed - eligible voters will be invited to vote on these important issues.

Where do I find more information?

Attached is the agenda, the proposed resolutions, a summary of the budget highlights, and a link to the draft minutes from the previous People's Assembly. **Find the full information package at squamish.net/peoples-assembly.**

Register Now!

Pre-register by May 29 to be eligible to win one of four \$500-dollar gift cards at the Assembly! Members must be at the Assembly to win. Details at squamish.net/peoples-assembly.

*Transportation, a meal and snacks, childcare, and wellness supports will be available.

PROPOSED AGENDA

June 2, 2024 People’s Assembly CJMC* | Totem Hall* | Online

- 10:00 AM** Meeting Call to Order
Opening Remarks/Procedural Information
- 10:45 AM** Final Quorum Count (5% of eligible voters)
- 11:00 AM** Approval of Agenda
 - Consent Agenda: Minutes from People’s Assembly on March 10, 2024
 Special Business:
 - Member-submitted Resolutions
 - Presentation on Approved Squamish Nation Budget - Fiscal Year 2024/25
- 5:00 PM** Meeting Adjourned



Questions? Contact Chair & Council
Office staff at cco@squamish.net
or 604-980-4553.

Chet kw'enmantúmiwit!



skweni'lich

(sacred cultural work)

Friday June 7 | 12:00 pm – 4:00 pm

Chief Joe Mathias Centre

doors open : 11:30 am

Lunch served at noon

skweni'lich work starts at 1:00 pm



Work priority for
Residential School Survivors

All community members welcome to attend and will be blessed as a group following the Elders.

Bus pickup schedule

From Valley

- Cheekeye : 9:30 am
- Teen Centre : 9:35 am
- Mamquam : 9:50 am
- North Yards : 10:10 am
- Totem Hall : 10:45 am

North Vancouver

- Seymore IR Boxes : 10:30 am
- Eslha7an L.C. : 10:50 am
- Mission & 1st : 10:55 am
- Jacob and Jacobs : 11:15 am
- Mathias & Rivers : 11:20 am
- Ikwikws & Skawshen : 11:25 am

Skwxwú7mesh
Úxwumixw

Single-unit washrooms now available as All Gender Washrooms



The Snichim on the sign, etsím la'm t'l'a i7xw swat (washroom for everyone), was provided by Ta na wa Ns7éyxnitm ta Sne'wíyelh (Language and Cultural Affairs). There is braille below "All Gender Restroom."



Sabrina Hemeon's beautiful design was chosen by community members! The sign combines three gender icons into one and features traditional Squamish design motifs.

We're excited to announce that new All Gender Washroom signage will be placed across Squamish Nation buildings to support a safe and private experience for all who need to use the washroom!

FIND OUT MORE:

squamish.net/two-spirit-inclusion

CURRENT SQUAMISH NATION JOB POSTINGS
on May 29, 2024



<p><u>Admin Assistant</u> Term Full-Time Ta7Inewá Education, Employment and Training North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Recreation Youth Program Facilitator</u> Permanent Full-Time Ta na wa Shéway i7xw ta Úxwumixw - Squamish Valley Operations Squamish Valley, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Restoration Manager</u> Term, Full Time (1 year with possibility for extension) Ta na wa Yúus ta Stitúyntsam Rights and Title North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Director, Communications and Engagement</u> Permanent Full-Time Nexwsyétsem Communications and Engagement North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Community Outreach Coordinator</u> Term, Part Time Ta na wa Yúus ta Stitúyntsam Rights and Title North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Curriculum Developer/Writer</u> Permanent Full-Time Ta na wa Ns7éyxnitm ta Snewiyelh Language and Cultural Affairs West Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Child & Youth Worker - Life Skills</u> Permanent Full-Time Ayás Méhmen Child and Family Services Squamish Valley, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Desktop Support Analyst</u> Permanent Full-Time Information Technology North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Complex Behavior Key Worker</u> Permanent Full-Time Ayás Méhmen Child and Family Services North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Occupational Therapist</u> Permanent Part-Time Yúustway Health and Wellness Squamish Valley/North Shore, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Squamish Valley Fish Guardian</u> Temporary, Full Time Ta na wa Yúus ta Stitúyntsam Rights and Title North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Capilano Fish Guardian</u> Temporary, Full Time Ta na wa Yúus ta Stitúyntsam Rights and Title North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Cultural Advisor</u> Permanent Full-Time Ayás Méhmen Child and Family Services North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Community Wellness & Substance Use Clinician</u> Permanent Full-Time Yúustway Health and Wellness Squamish Valley/North Shore, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Family Wellness Counsellor</u> Permanent Full-Time Ayás Méhmen Child and Family Services North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Emergency Service Officer</u> Permanent Full-Time Ts'ixwts'ixwnitway Member Services North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Research Lead</u> Term Full-Time (One Year) Public Safety (Ta na wa Téywilhaylhem) North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Peer Worker</u> Term Part-time (1 year) Yúustway Health and Wellness North Vancouver/Squamish Valley, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Child and Youth Mental Health Therapist</u> Permanent Full-Time Ayás Méhmen Child and Family Services North Vancouver/Squamish Valley, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Early Childhood Educator</u> Permanent Full-Time Ayás Méhmen Child and Family Services North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>

CURRENT SQUAMISH NATION JOB POSTINGS **on May 29, 2024**



<p><u>EET - Language and Cultural Program Facilitator</u> Permanent Full-Time Ta7Ine'wás Education, Employment and Training North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Indigenous Monitor</u> Term Part-Time Ta na wa Yúus ta Stitúyntsam' Rights and Title North Vancouver/Squamish, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Archivist</u> Term Full-Time, 1 year (with intention of becoming permanent) Ta na wa Ns7éyxnitm ta Sne'wiyelh Language and Cultural Affairs West Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>ASCD Support Worker</u> Casual Ayás Mén'men Child and Family Services West Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>Health Care Assistant</u> Casual Yúustway Health and Wellness West Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Early Childhood Educator/ Squamish Language Assistant</u> Temp Full-Time (School Term) Ta7Ine'wás Education, Employment and Training North Vancouver, BC <u>Posting Closes: Open Until Filled</u></p>
<p><u>COHI Community Admin Support</u> Permanent Part Time Yúustway Health and Wellness Squamish, BC <u>Posting Closes: Open Until Filled</u></p>	<p><u>Behavioral Interventionist</u> Casual Ayás Mén' men Child and Family Services Squamish Valley, BC <u>Posting Closes: Open Until Filled</u></p>

To view all current job postings and to apply, go to: <http://www.squamish.net/jobs/>

ALL applications must be submitted using the on-line application

Any questions, please contact: careers@squamish.net OR

Ché'chenstway Human Resources 604-985-8335

3-380-Welch Street, West Vancouver, B.C. V7P 0A7



Skwxwú7mesh Úxwumixw
Squamish Nation

Housing List Workshop Session

Wa ns7eyx ta temíxw 'guarding the land' (Community Lands) would like to invite you to a small group session to learn more about the Housing List.

North Vancouver dates:

May 21, 23, 28, 30
June 4, 6, 11, 13
5:00pm to 6:00pm

Unit 6 – 380 Welch Street

10 spots per workshop session

Squamish Valley dates

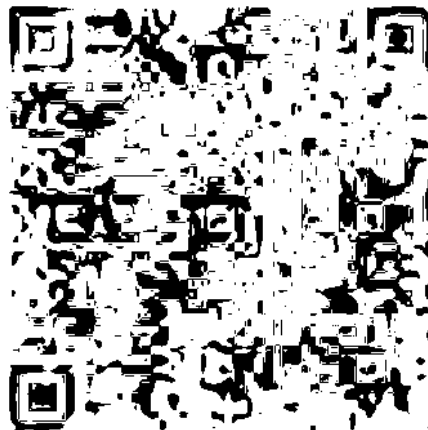
June 3, or June 17
10:00am to 6:00pm

Totem Hall Stawamus Room

4 spots in 30 min intervals

Registration required due to limited seats

Please register with Kayla Seipp at kayla_seipp@squamish.net or 604-982-7610.



**If you can't make one of the sessions,
read the Housing List Fact Sheet!**



Engagement Opportunities: Housing Allocations Policy Update

This spring and summer, staff are inviting Squamish People to share their feedback on the Housing Allocations Policy. Staff are working to increase the clarity, transparency, and consistency of the policy and process.

The update will include:

- Improving the clarity of the eligibility requirements
- Making the definitions clearer
- Simplifying the policy language
- Addressing and removing any contradictions
- Ensuring Squamish Nation staff procedures in the policy are consistent

The update will not be:

- Specifying how many homes are allocated or distributed between categories
- Determining the number of allocations that are made in any given year
- Creating new categories or changing existing category headings

To update our Allocations Policy and process, we are launching Round 1 of engagement to understand what clarity, transparency, and consistency mean for our community. There are multiple ways to learn more and get involved. Visit the [Squamish Nation website \(squamish.net/housing-policy-engagement\)](https://squamish.net/housing-policy-engagement) for more information.

Information about the Housing List

Housing List Workshops:

Community Lands is hosting small group sessions to learn more about the Housing List. Join a session to ask questions and review your application. Please register with **Kayla Seipp** at Kayla_Seipp@squamish.net or **604-982-7610**.

Engaging on the Housing Allocations Policy

Allocations Policy Focus Groups:

Planning and Capital Projects is hosting four focus group sessions to talk about how we can improve the allocations policy and process. These focus groups are for those who have not received a home allocation. Please register using the **QR code** or by visiting the website for a [link to the registration form \(surveymonkey.ca/r/focus_group_form\)](#).

Community Survey:

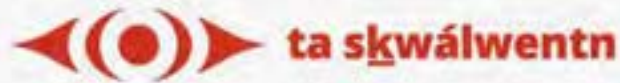
Take our community survey by **June 23** to share your feedback on how we can improve the allocations policy and process for your chance to win a **\$100 visa gift card!** Scan the **QR code**, [visit the website \(surveymonkey.ca/r/allocation_policy\)](#), or pick up a hard copy at the Planning and Capital Project office, Totem Hall (Squamish), and at the main band office.

REGISTER



TAKE THE SURVEY





ta skwálwentn

Sḵwxwú7mesh Úxwumixw

2SLGBTQIA+ Stories

Let your voice be heard!

Our ask

Together, we are building a digital showcase for Sḵwxwú7mesh's 2SLGBTQIA+ community.

Share your stories, art, songs – anything that reflects your experience.

This is your space to celebrate identity and inspire generations after you.

About ta skwálwentn

ta skwálwentn is a digital gathering space specifically designed for the people of Sḵwxwú7mesh.

It is a confidential space to connect with traditional teachings, learn from elders, and up-lift the Sḵwxwú7mesh ways of being.



Scan the QR code to access our form and share your story.

For more support or feedback, please contact us:
613-888-7986 | montana@checkingin.co



Sḵwxwú7mesh Úxwumixw
Squamish Nation



Indian and Northern Affairs Canada / Affaires indiennes et du Nord Canada

SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION FOR: JUNE 2024 >>555
Cheque issue date is Wednesday, May 29, 2024 – for June issue.

PRIVACY ACT STATEMENT Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision. The information will be stored in personal information bank INAI.P-PU-020 and is protected under the provisions of the Privacy Act.

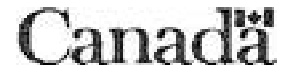
1. Are you still in need of Social Assistance? Yes No

2. Has your marital or employment situation changed? Yes No

If YES, explain change _____

MANDATORY: Current Address _____ Current Phone # _____

List any changes in your living situation _____



If you do not hand in your **Declaration** on ... **Monday, May 13-May 17, 2024** You will **NOT** receive your **Cheque on Wednesday, May 29, 2024**. **Late Declaration** means, late cheque/**No, Work Plan**, No Cheque. Wait 3-5 business days

4. Have you had any earned or unearned Yes No **Income this month?** 5. **Has there been any change in your assets?** Yes No

If yes, completed

<input type="checkbox"/> Earnings	\$
<input type="checkbox"/> Family Allowance	\$
<input type="checkbox"/> Maintenance	\$
<input type="checkbox"/> Employment Insurance	\$
<input type="checkbox"/> Other (specify)	\$
TOTAL	\$

If yes, complete

<input type="checkbox"/> Bank Account	\$
<input type="checkbox"/> Property	\$
<input type="checkbox"/> Other (specify)	\$
TOTAL	\$

6. Is there any change in your number of dependents or their school status? Yes No

If **Yes**, explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Status Number	Signature of applicant	Date

*** **PLEASE CLEARLY PRINT YOUR NAME HERE:** _____

*** **Worker Initials:** _____ **Signature of Spouse:** _____

*** **PLEASE CLEARLY PRINT YOUR NAME HERE** _____

Please remember that you cannot drop off your Declaration early unless there is an emergency. If your Declaration/Job Search is late, so is your cheque. **Declare all Earnings, Family Allowance, DB, GST, Maintenance and other monies received. Also any changes to address and family unit size.**

ALL CLIENTS MUST BRING IN PERSON ESLHA7AN LEARNING CENTRE



Wa ch'awatm- Income Assistance
 Ph (604) 988-8807
 Fax (604) 988-8917

Page 1 of 2

April 23, 2024

Skwxwú7mesh
 Úxwumixw

Tuesday, April 23, 2024

INCOME ASSISTANCE NEWSLETTER

#1 MONTHLY DECLARATIONS

Declarations must be handed in ***IN PERSON*** at Eslha7an Learning Center. Late Declaration can **DELAY** benefit payments from 3-10 Business Days.

No Dec = No Cheque, Late Dec = Late Cheque

DEC Week 2024	CHQ Issue Date
APR 8-12, 2024	APR 24, 2024
MAY 13-17, 2024	MAY 29, 2024
JUN 10-14, 2024	JUN 26, 2024
JUL 15-19, 2024	JUL 31, 2024
AUG 12-16, 2024	AUG 28, 2024
SEPT 9-13, 2024	SEPT 25, 2024
OCT 15-18, 2024	OCT 30, 2024
NOV 12-15, 2024	NOV 27, 2024
DEC 2-6, 2024	DEC 25, 2024

CLIENT APPOINTMENTS- There will be **NO WALK INS**, Book with Receptionist. She will book you in for the earliest available.

HOUSEHOLD CHANGES- Please let your worker know if someone moves in or out, this affects your Bills/Rent. You will need to fill out a new Occupancy form **ONLY** if there are changes.

#2 ACTION PLAN FOR EMPLOYABLE CLIENTS

Employable clients are required to complete an Action Plan with Stitsma Employment monthly. Please book your appointments ahead of time. If you do not complete this before the deadline, you will need to wait 3-10 business days for your cheque.

- **EP/ Check in Deadline Dates: Due when Decs are Due.**



Wa ch'awatm- Income Assistance
Ph (604) 988-8807
Fax (604) 988-8917

Page 2 of 2

April 23, 2024

**Skwxwú7mesh
Úxwumixw**

- **No Monthly Check In = No Cheque**
- **Appointments after Deadline = Late Cheque**

#3 NOTICE OF ASSESSMENT for- 2023, 2022, 2021. IA will need a copy for your file. You should receive it in the mail/ online once you have filed your taxes. This is to confirm eligibility for IA, please make sure you file your taxes every year.

#4 ANNUAL RENEWAL- Please make sure your Annual Renewal is completed. Contact your worker, this needs to be completed yearly.

#5 BILLS- Send us your BC Hydro & Fortis bills as soon as you receive them in the mail.

(NON-STATUS) Fair PharmaCare # (604) 683-7151/1-800-663-7100, Need to do taxes yearly to qualify for coverage.

STATUS CARDS: Need copies for files, please bring them in ASAP.

Contact your worker to update file: Identification, Address, when child turns 18/19, expecting a child. Also, when turn 64/65 years of age.

Please contact the Income Assistance team for any further questions: Ph# (604) 988-8807, Fax# (604) 988-8917.

Email: income_assistance@squamish.net

Sincerely,

Wa ch'awatm -Income Assistance Team



FOODSAFE LEVEL 1

MONDAY, JUNE 10, 2024

- One Day Course
- 8:30AM - 4:30PM
- Hosted at Esłha7an Learning Centre:
345 5th Street West, North Vancouver



CONTACT US AT:

604-985-7711

stitsma_career@squamish.net

REGISTER

NOW

ESLHA7ÁN



ADULT SUMMER PROGRAMS

**-INCENTIVE UP TO \$75/DAY
-LUNCH INCLUDED**

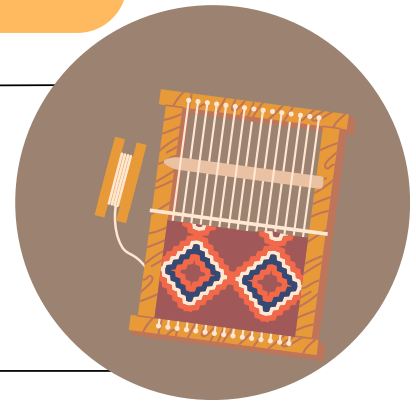
**-10:00AM-3:00PM
(TIME SUBJECT TO CHANGE FOR FIELDTRIPS)
-CULTURAL FIELD TRIPS**

MAY

**14TH, 15TH
16TH**

CULTURE WEEK

- Medicine pouches
- Rattle making
- Weaving

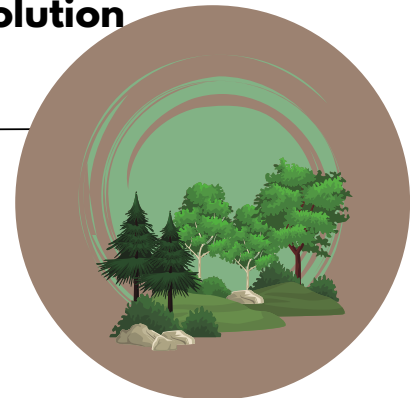


JUNE

**25TH, 26TH
27TH**

LIFE SKILLS WEEK

- Healthy meal planning
- Financial skills
- Conflict Resolution



JULY

**9TH, 10TH
11TH**

WELLNESS WEEK

- Nature walk
- Goal setting
- Vision Boards

Limited spots available

CONTACT US TODAY TO REGISTER!

604-985-7711

Eslha7an_learning@squamish.net



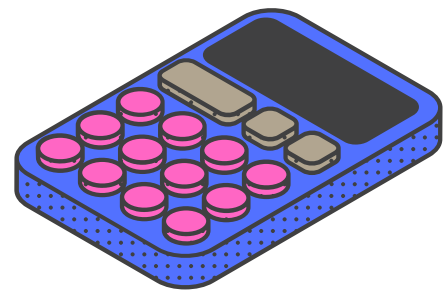
Eslha7an Learning Centre Presents:

**Summer Math Camp
For Grades 8-11**

Dates: July 2nd- July 25th, 2024.

Times: Monday-Thursdays from 10am-1pm

Location: Eslha7an Learning Centre on
345 West 5th Street, North Vancouver.



Application Deadline: June 14th, 2024.

Report Cards Required

Light snacks provided

12 SPOTS AVAILABLE

“

**Earn while you learn!
\$50 per day
PLUS Bonus up to \$200**

”

**For inquiries or to register please
contact us at:**



604-985-7711



Eslha7an_learning@squamish.net



ESLHA7AN LEARNING CENTRE

ESLHA7ÁÑ LEARNING CENTRE



ADULT FOUNDATIONS PROGRAM

Join our FOUNDATIONS PROGRAMS, a class designed for adults who want a refresher or are gearing up for getting your grade 12.

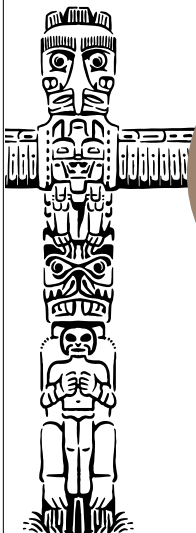
- Indigenous focused learning
- Breakfast and lunch included
- Field trips every month
- Learn at your own pace
- Earn up to \$500/month
- Counselling services available



ADULT DOGWOOD PROGRAM

Join our DOGWOOD PROGRAM in partnership with Capilano University. This is a class designed for adult upgrading and high-school completion.

- Breakfast and lunch included
- Field trips every month
- Learn at your own pace
- Earn up to \$500/month
- Counselling services available



**STARTING
IN
SEPTEMBER**

REQUIREMENTS:

- First Nations (status and non-status), Inuit or Metis
- School transcript
- Commitment to the program



604-985-7711
eslha7an_learning@squamish.net

**Skwxwú7mesh
Úxwumixw**

Ta7Inewás
Education, Employment & Training
Nexw7áystway Training and Trades Centre



**Skwxwú7mesh
Úxwumixw**
Yúustway
Health & Wellness
Home & Community Care

Are you interested in the health care field? Please join us for a Q&A meeting!

The Squamish Nation Training and Trades Centre (SNTTC) is collaborating with Vancouver Coastal Health and Capilano University. We are looking for passionate, caring individuals to join our health care support workers through our career access program.

This is an amazing opportunity to those looking to gain tools to give back to your community in which we live. This training program will offer tools required to foster person-centered care and assistance in various health care settings and have the ability to take care of our elders.



Food
Prizes

Date: May 29th, 2024
Time: 6:00pm - 7:30pm
Where: Education Building - Unit 5 380 Welch St. West
Vancouver - Scan QR code to register!
WHO IS ELIGIBLE: Indigenous People (Status, Non-status, Metis, and Inuit)
For more questions, email tradescentre@suquamish.net



CAPILANO UNIVERSITY **Vancouver CoastalHealth**

NATION BUILDING INITIATIVE: S7ULH WA NEXWNIWÉYALH OUR WAYS OF EDUCATION



SHARE YOUR THOUGHTS

Our s7ulh wa nexwniwéyalh (Our Ways of Education) project team is embarking on an exciting journey to reshape the future of education in our community, and we need your valuable input!

SURVEY

Take the survey at squamish.net/reclaiming-education.

SCAN ME



Get a chance to win a \$250 gift card to Park Royal Mall
Deadline is **Monday, July 1, 2024**.

ENGAGEMENT SESSIONS ALL AGES | MEAL PROVIDED

Tuesday, May 28, 2024 | 5:00 pm to 7:00 pm
Totem Hall (1380 Stawamus Road, Squamish)

Wednesday, May 29, 2024 | 5:00 pm to 7:00 pm
Eslha7áñ Learning Centre (345 5th St W, North Vancouver, BC)

Saturday, June 1, 2024 | 10:00 am to 12:00 pm
Vancouver Aboriginal Friendship Centre Society (1607 E Hastings St, Vancouver, BC)

Saturday, June 1, 2024 | 2:00 pm to 4:00 pm
Fleetwood Community Centre (15996 84 Ave, Surrey, BC)

Tuesday, June 4, 2024 | 6:00 pm to 7:00 pm
Squamish Nation Facebook Live (online)

MORE INFORMATION

Visit squamish.net/reclaiming-education

Email reclaiming.education@squamish.net

Call 604-982-7600 and ask for Reclaiming Education



**Skwxwú7mesh
Úxwumixw**

Squamish Nation

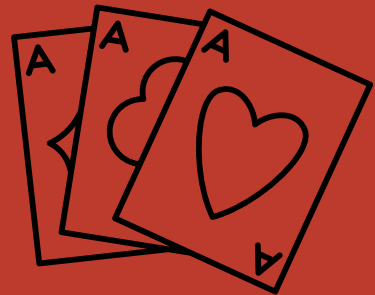
CJMC'S FATHER'S DAY *Celebration*

**FRIDAY JUNE 14TH
6:00 - 9:00PM**

COME JOIN US FOR



- MIND GAMES W/ERIC SAMUELS
- GOOD FOOD
- CASINO GAMES
- DOOR PRIZES



Register here:

<https://form.jotform.com/241355734297261>



rec@squamish.net



604-980-6338



**Skwxwú7mesh
Úxwumixw**

Yústway
Health & Wellness
Recreation

squamish.net

MENOPAUSE WORKSHOP



xí7tentsut 'transform oneself'

WHERE: Chief Joe Mathias Centre, Eslha7an Room

DATE: May 29th, 2024

DOORS OPEN: 4:00PM

Come anytime after 4:00pm and learn more about perimenopausal symptoms and how to manage them through alternative approaches. We will work with those traveling from the Squamish Valley to reduce transportation barriers.

AGENDA

4:00pm - 5:00pm

Presentation by Dr. Georgia Kyba, Naturopath

5:00pm - 5:45pm

Presentation by Laura & Karen, Public Health Nurses

5:45pm - 6:15pm

Dinner is served

6:15 - 7:30pm

ch'átyaý - Devil's Club workshop



Registration opens May 15th at 1:30pm and closes on May 27th at 1:30pm.

You can also contact us to sign up or if you have any questions:
604-982-7835 or wellness@squamish.net





Rifle Certification Course North Shore

In partnership with Silvercore, Community Health and Wellness is pleased to offer the CFSC/CRFSC course, a 2-day certification.

DATE: June 1st and 2nd, 2024

TIME: 9:00am to 5:00pm

WHERE: Chief Joe Mathias Centre, North Vancouver

Scan the QR code to learn more and to sign up! The course is designed to have registrants attend both days to get the certificate.



Registration opens on May 16th at 1:30pm
and closes on May 30th at 1:30pm

Participants must be 18+ years old.
Due to the Provincial guidelines under the Firearm Act, anyone who has a firearm restriction will not be able to take this course at this time.

You can also contact us to sign up or if you have any questions:
604-982-7835 or wellness@squamish.net



**Skwxwú7mesh
Úxwumixw**

Yúustway
Health & Wellness

eskéxw chat mi háhalhi7 'we gather to heal'

GRIEF AND LOSS WORKSHOP

As Indigenous People, we have faced a complexity of experiences that informed our grief process or halted it. In this workshop, we engage with critical information and education around grief and loss and facilitate self-awareness and empowerment toward healthy actions for personal healing. Inclusive of unexpected losses related to substance misuse and passing's.

Sgaalaanglaay, Gaamdaamaay (Vernon Williams Jr.) from Lumara Grief & Bereavement Care Society works in traditional teachings that have been passed down from wonderful mentors.

DATE: JUNE 6TH, 2024

TIME: 9:00AM - 3:00PM

WHERE: CHIEF JOE MATHIAS CENTRE

Registration opens May 23rd at 1:30pm and closes June 4th at 1:30pm.

This workshop is for ages 18+. Food will be served.



Scan the QR code to register,
or contact us at
wellness@squamish.net or
604 982 7835





SUMMER FUN 2024

FROM JULY 15 TO AUGUST 23, 2024

AGE GROUPS:

6-7 (JULY 15-18 & AUG 6-9)

8-9 (JULY 22-25 & AUG 12-15)

10-12 (JULY 29-AUG 2 & AUG 19-22)

13-16 (JULY 19 & AUG 16)

REGISTRATION OPENS JUNE 17 @ 11:00AM.

REGISTRATION LINK:

[HTTPS://FORM.JOTFORM.COM/230116238011035](https://form.jotform.com/230116238011035)

FOR MORE INFORMATION PLEASE CONTACT US AT:

604-980-6338

REC@SQUAMISH.NET



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Yúustway
Health & Wellness
Recreation

squamish.net



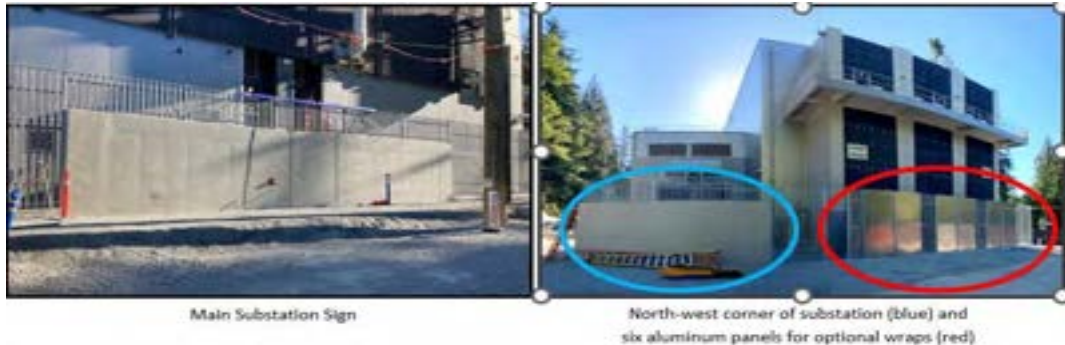
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Capilano Substation Art Installations
 Open call to artists for: Metal Banners
 Submission deadline: **June 7, 2024**

ABOUT THE CAPILANO SUBSTATION

Capilano Substation, located at Woods Dr and Pemberton Ave, was built in the 1950s and serves approximately 12,000 customers in the area. BC Hydro is upgrading the facility by replacing it with a new substation to ensure that reliable electricity can continue to be provided in North Vancouver. As part of the upgrade work, two metal banners to be created by a Squamish Nation artist will be installed along the substation exterior.

SQUAMISH NATION PUBLIC ART OPPORTUNITY

This call is for a Squamish Nation artist or artist team to design and create two metal banners reflective of Coast Salish design and imagery at the Capilano Substation. The metal banners are to be installed on the main substation sign (left image) and continue along the north-west corner of the substation (right image, blue). Shortlisted artists will also be invited to design and develop vinyl wrap to be installed on six aluminum panels (right image, red) facing Murdo Frazer Park.



GUIDING PRINCIPLES FOR SQUAMISH NATION PUBLIC ART OPPORTUNITY

- To celebrate, recognize, and give space to the Squamish Nation to represent their traditional territory; and
- To display a legacy of Squamish heritage and culture while acknowledging the BC Hydro relationship and working towards reconciliation.

TECHNICAL CRITERIA AND SPECIFICATIONS

- See page 2 for approx. dimensions (final dimensions to be confirmed with artist);
- Have a life expectancy of at least 25 years;
- Be structurally sound and durable to the elements; and
- Not present a hazard or opportunity for injury.
- Use Coast Salish designs only (No Northwest coast designs)

BUDGET

The total contract value is \$40,000 with an optional contract extension of \$10,000 for vinyl graphic wraps. The budget is exclusive of GST and inclusive of all the costs listed under the Artist Responsibilities.

ARTIST RESPONSIBILITIES

The selected artist will be responsible for (with the provided budget, as appropriate):

- Meeting all submission deadlines and milestones for the project
- Artist fee (research, concept development, renderings and other visual communication materials, presentation, project meetings and coordination with Project Co)
- Prototyping
- Studio overhead
- Insurance
- Artwork materials and fabrication
- Consultant and engineering fees and stamped drawings (artwork only)
- Shipping to station or designated storage site

- On site supervision during installation
- Professional photographic documentation
- Administrative expenses, travel expenses, and maintenance manual expenses
- 15% contingencies (recommended; will be applied to the artwork if not used)

CALL FOR ARTISTS TIMELINE

May 6, 2024	Announcement of Squamish Nation Artist Call
June 7 , 2024	Deadline for Artist Expression of Interest
June 10-14 , 2024	Proposal Review & Shortlist Three Artists (Stage 1)
June 24-28, 2024	Shortlisted Proposal Presentation (Stage 2)
July 6, 2024	Final Artist Selection from Shortlist
September 2024	Art Installation (<i>contingent on BC Hydro substation upgrade schedule</i>)

ELIGIBILITY

This public art call has been prepared to solicit responses specifically from Squamish Nation artists who can demonstrate the creative expertise and technical skills required to manage all phases of the public art process, from design development to installation. Further artistic considerations include reflecting Squamish Nation.

ARTIST SELECTION-2 STEP PROCESS

The selection process will be a two-stage, limited open call to Squamish Nation artists:

1. An expression of interest inviting artists or artist teams to submit a short project proposal with qualifications and examples of past work; and
2. An interview process inviting shortlisted applicants to present their proposal. Shortlisted applicants will also be invited to submit an optional proposal for a vinyl wrap concept design.

APPLICATION REQUIREMENTS

Artists or artist teams interested in either opportunity must prepare and submit an electronic application in one (1) pdf file no larger than 10 MB. Please include the following in the submission:

- **Letter of interest** - Including a summary of the idea you are interested in developing for the artwork (no more than one page).
- **Current resume** – If applying as an artist team, please provide one for each artist.
- **Sample of previous work** - Up to five (5) images of past work and a brief description of each, including title of artwork, medium, date of completion, dimensions, location, and commissioning body.
- **References** - Name and contact information of two (2) reference persons who the artist has worked with the past and are familiar with the artist's work and practice.
- **Artist contact information**

APPLICATIONS SUBMISSION:

Please submit your electronic application to Jonathan Williams at jonny_williams@squamish.net. Please include “Capilano Substation – Banner” in the subject line.



Metal Banner (substation sign) – approx. 550 x 12000mm



Metal Banner (NW facing) – approx. 550 x 7200mm | Aluminum Panels – approx. 1800 x 3500mm (6)

MISSION RESERVE LITTER CLEAN UP

SQUAMISH STRONG

JUNE 1, 2024 START 9:00 AM

STARTING LOCATION: 424 ESPLANADE AVE W NORTH VANCOUVER (ST. PAUL'S INDIAN CHURCH)

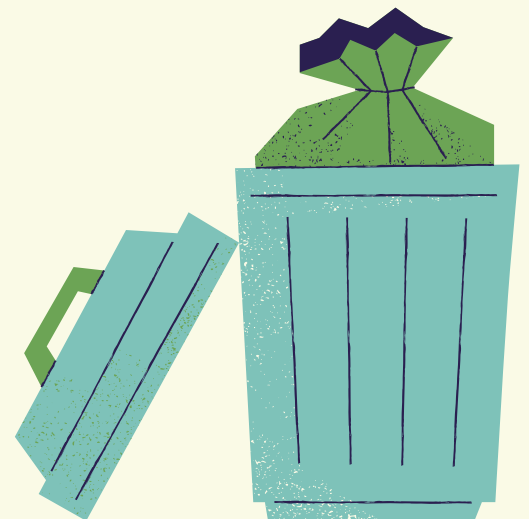
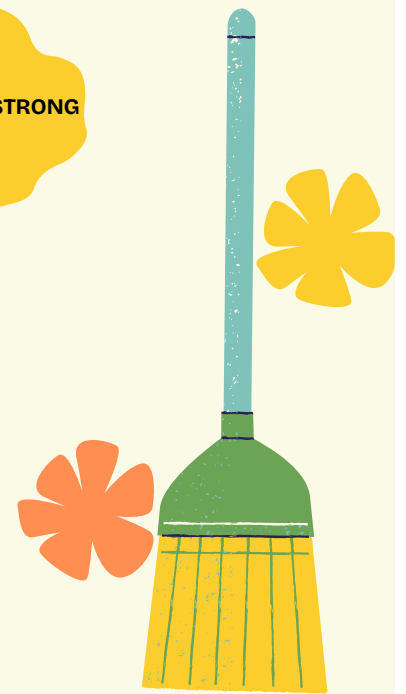
Let's roll up our sleeves, grab some trash bags, and make our community sparkle. Together, we can make a difference! Let's support Climate Action.

**PLEASE COME
SUPPORT YOUR
COMMUNITY**

Contact us for more information:

Email: lanna_lewis@squamsish.net

☎ 236-333-3998





Health Vision Lions Gate Hospital

**Help us plan for the future.
Fill out a survey to share your thoughts.**

Vancouver Coastal Health is planning for the future of Lions Gate Hospital campus.

Your input is important and will help shape the future of health care at the hospital.



Learn more and stay informed at
www.vch.ca/HealthVision
LGH





Join our free Nature Stewards youth programs!

Strathcona Community Gardens (759 Malkin Ave) and Renfrew Ravine (3998 Renfrew St)
xʷməθkʷəy̓əm, Skwxwú7mesh, and sə́lilwətał territory

- Help take care of the land
- Get to know the plants & animals in your community
- Meet new friends
- Grow your leadership skills
- Gain experience for your resume
- Earn money while you're at it!

Learn more & apply today
at: www.eya.ca
Phone us at 604-689-4446
or email erica@eya.ca
with any questions.

WE HAVE 5 PROGRAMS OPEN THIS SUMMER:

- Rewilding I (10 Sessions) | June 15 - Aug 14 | June Saturdays, July & Aug Wednesdays
- Nature Leadership (10 Sessions) | June 16 - Aug 16 | June Sundays, July & Aug Fridays
- Plants & People I (8 Sessions) | July 2 - Aug 20 | Tuesdays
- Rewilding II (9 Sessions) | July 2 - July 18 | Tuesday - Thursday
- Plants & People II (8 Sessions) | Aug 6 - Aug 16 | Tuesday - Friday

- For youth ages 14-18 who identify as BIPOC, 2SLGBTQIA+, and/or living with a disability
- Up to \$20 honorarium for each day attended
- Lunch provided & bus tickets available





Join our Peer Mentors Program!

Strathcona Community Gardens (759 Malkin Ave),
 Renfrew Ravine (3998 Renfrew St), and remote.
 xʷmáθkʷáým, Sḱwḱwú7mesh, and sə́lilwətał territory

GAIN AND DEVELOP SKILLS IN:

- Group facilitation and management
- Land-based education
- Youth work, including strengths-based and trauma-informed approaches
- Decolonizing practices & Indigenous ways of knowing
- Teamwork and communication
- Knowledge of native plants and wildlife

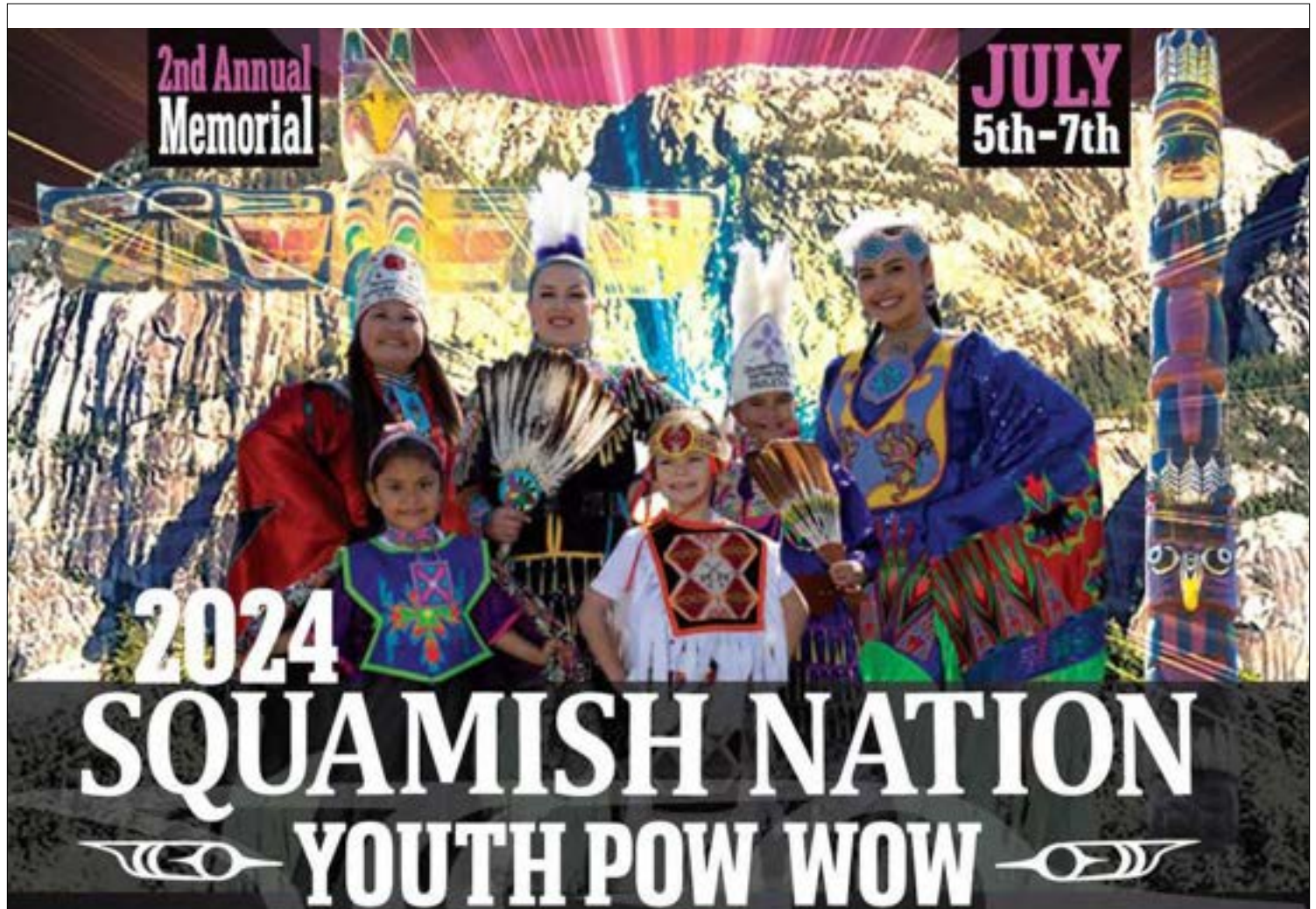
DATES: JUNE 8TH - AUGUST 20TH

- Skill-building workshops: Training weekend June 8 & 9, then weekly Thursday evening sessions
- Peer Mentoring: Weekly program support 1 day/week (days vary depending on the program you are supporting)
- For youth ages 18 - 25 who identify as BIPOC, 2SLGBTQIA+, and/or living with a disability
- Lunch provided & bus tickets available
- Up to \$200 Honorarium
- Application will be closed on May 26th



Learn more & apply at:
www.eya.ca/program/peer-mentors
 Phone us at 604-689-4446
 or email erica@eya.ca
 with any questions.





2nd Annual Memorial

JULY 5th-7th

2024 SQUAMISH NATION YOUTH POW WOW

Capilano Reserve Park "WELCOME TO XWMECH'STN" ha7lh en skwalwen kwis tl'iknumut yap (All are welcome)

REGISTRATION	OPENS FRIDAY 4pm	CLOSES SATURDAY 1pm		
GRAND ENTRY TIMES	FRIDAY 6pm	SATURDAY NOON	SATURDAY 6pm	SUNDAY NOON
HOST DRUM CREE CONFEDERATION		HEADMAN DANCER & mentor		HEAD WOMAN DANCER & mentor
SPECIAL GUEST FAWN WOOD (2022 JUNO AWARD WINNER) SADDLE LAKE, AB				
HEAD DRUM & SINGING JUDGE DALLAS WASKAHAT FROG LAKE, CREE NATION		NOTORIOUS CREE		TONIA JO HALL
MASTER OF CEREMONIES MIKE SANCHEZ		HEAD MALE YOUTH DANCER SKWELTAPIS GRIZZLYPAWS St'át'imc Nation, BC		
STAR ELDER & SPECIALS M.C. RAY THUNDERCHILD Aka BIGFOOT THUNDERCHILD FIRST NATION, SK		HEAD FEMALE YOUTH DANCER KAITLYN BAKER Squamish Nation, BC		
ARENA DIRECTOR XATS'ALANEXW, VICTOR HARRY SQUAMISH NATION				
WHIPMAN EVERETT WHITE DENE'H NAVAJO NATION, AZ				

Elders 65+ FREE 12 & under FREE

ADMISSION \$10 daypass or \$15 weekend pass

PRIZE PAYOUTS

JUNIORS	1st \$200	2nd \$100	3rd \$50
TEENS	1st \$300	2nd \$200	3rd \$100
ADULT	1st \$500	2nd \$400	3rd \$300
GOLDEN AGE	1st \$500	2nd \$400	3rd \$300
DRUM	ONE WINNER \$10,000.00		
SPECIALS	PAYOUTS AS ANNOUNCED		

ALCOHOL & DRUG FREE EVENT/ NO GANG COLOURS OR ATTIRE/ ZERO TOLERANCE

No smoking/vaping on Powwow grounds smoking/vaping in designated areas only. Please be mindful of Elders and children. No animals allowed, unless service animals. Documentation required as proof of service.

www.squamishnationyouthpowwow.com
Anyone wishing to volunteer, please contact Jenn at srypowwowvolunteens@gmail.com
Limited spot available for vendors and food trucks. Please contact Dawn at squamishpowwowvendors@gmail.com

IN LOVING MEMORY OF
TENALH-T, GLORIA NAHANEE
"HONEYGIRL"





North Shore Indians Sr. B Lacrosse Schedule May and June 2024

Date	Time	Home	Away	Arena
Wednesday May 15	8:00 PM	NewWest	NSI	Queens Park
Friday May 24	8:00 PM	NSI	Ladner	Harry Jerome
Friday May 31	8:00 PM	NSI	New West	Harry Jerome
Saturday June 1	5:00 PM	Nanaimo	NSI	Nanaimo Ice Centre
Thursday June 6	8:00 PM	Ladner	NSI	Ladner
Saturday June 8	4:30 PM	NSI	Victoria	Harry Jerome
Friday June 14	7:30 PM	NSI	Nanaimo	Harry Jerome
Sunday June 16	5:00 PM	Victoria	NSI	The Q Centre
Friday June 21	8:00 PM	NSI	New West	Harry Jerome
Saturday June 22	5:00 PM	Nanaimo	NSI	Nanaimo Ice Centre
Thursday June 27	8:00 PM	Ladner	NSI	Ladner



NORTH SHORE INDIANS

SR. C 2024 SCHEDULE

June and July 2024

Date	Team	Time / Location
Sat June 1	Port Moody Express	5:15 PM Port Coquitlam Arena (Blue)
Thurs June 6	Tri City Eclipse	7:30 PM Port Coquitlam Arena (Purple)
Thurs June 13	Mission Cedar Kings	7:30 PM Port Coquitlam Arena (Purple)
Sat June 15	Port Coquitlam Hitmen	6:15 PM Port Coquitlam Arena (Green)
Sat June 22	Queensboro River Rats	7:00 PM Port Coquitlam Arena (Blue)
Sat July 6	Richmond Road Runners	5:15 PM Port Coquitlam Arena (Blue)



